**Beauty Suite**

**Day Rituals**

- **Waxing**
  - Full Leg Wax: €30.00
  - 3/4 Leg Wax: €25.00
  - Bikini: €15.00
  - Under Arm Wax: €15.00
  - Arm Wax: €20.00
  - Lip Wax: €10.00
  - Chin Wax: €10.00
  - Lip & Chin Wax: €18.00
  - Eye Brow Wax & Trim: €10.00
  - Full Leg & Bikini Wax: €32.00
  - 3/4 Leg & Bikini Wax: €28.00
  - 1/2 Leg & Bikini Wax: €25.00

- **Eye Lash Tint**
  - €10.00

- **Eye Lash Tint & Eye Brow Trim**
  - €12.00

- **Make-Up**
  - Cleanse & Make Up: €30.00

- **Tanning**
  - SunFx Airbrushing Tan

- **SunFx Tanning Preparation**
  - Pearl - €110.00
  - YonKa Hot Stone Massage
  - Lu’Lur China Rose Hair Mask
  - Use of the Leisure Centre

- **Opal - €140.00**
  - Indian Head Massage
  - Lu’Lur Luxury Foot Spa & Pedicure
  - Lu’Lur Luxury Hand Ritual & Manicure
  - Use of the Leisure Centre

- **Ruby - €160.00**
  - Lu’Lur Luxury Foot Spa
  - Lu’Lur Balinese Massage
  - Lu’Lur Hibiscus & Jasmine Body Scrub including China Rose Hair Mask
  - Mani Susi Aromatic Creamy Bath of Rose Petals & Yogurt
  - Lu’Lur Moisturising Body Wrap
  - Relaxation Time with fresh smoothies/juices

- **Gentleman’s Treat - €100.00**
  - Use of Award Winning Leisure Centre
  - YonKa Bath with essential oils of rosemary, cypress, thyme, lavender and geranium.
  - Well Being Massage.

**Thalassotherapy and Beauty Rooms**

**Terms & Conditions**

- **Booking**
  - Treatments are available Monday to Friday from 9am - 7pm and Saturday from 9am - 6pm. Appointments can be made directly on 021 489 0700. You can also email us at leisure@rochestownpark.com
  - We advise that you book well in advance to secure your preferred date and time. Credit card details will be required to secure appointments for groups of four or more.

- **Spa Etiquette**
  - The spa environment is one of relaxation and tranquillity. Please turn off mobile phones while in the spa.
  - Please arrive 15 minutes prior to your appointment time to ensure that you receive your full scheduled time.
  - The Thalassotherapy Centre is strictly not available for anyone under 16 years of age.
  - Children are not allowed access to any area of the spa.

- **Payment & Cancellation**
  - Should a need for cancel arise please let us know 24 hours prior to avoid a 50% cancellation fee.
  - If you are going to be late for an appointment, please inform the spa directly as provisions may need to be made to accommodate your booking. All payments can be made in cash, cheque, credit card, Laurus or Gift Voucher.

- **Health Conditions**
  - Kindly advise us of any health conditions which could affect your treatment when making your appointment.

- **Pregnancy**
  - For the first 13 weeks of pregnancy, the only treatments available are manicures, pedicures, tanning, waxing and tanning.
  - This also applies to the first 13 weeks after giving birth.
  - For the first 14 weeks and 40 weeks.

- **All treatments in these rituals are set and individual treatments cannot be altered. Extra treatments can be added to the rituals and you will be charged accordingly.**

- **Gift Vouchers**
  - Gift Voucher Purchase
    - Gift Vouchers make an excellent gift for that special person. Vouchers can be purchased online at www.rochestownpark.com. They can also be purchased directly from the spa or by post to credit card holders.

  - Gift Voucher Redemption
    - Gift Vouchers must be presented at the time of treatment. Treatments are non-refundable. Please treat your voucher as a valuable document. Vouchers cannot be used for the purchase of products or another voucher.
    - We accept the 5% Gift Vouchers for redemption of treatments only.
    - Vouchers cannot be exchanged for cash and can only be used for goods and services in the centre.

- **The Day Rituals**
  - All treatments in the rituals are set and individual treatments cannot be altered. Extra treatments can be added to the rituals and you will be charged accordingly.

- **Gift Vouchers**
  - Gift Vouchers make an excellent gift for that special person. Vouchers can be purchased online at www.rochestownpark.com. They can also be purchased directly from the spa or by post to credit card holders.

- **The management reserves the right to alter prices without prior notice at their own discretion.**

- **Make-up**
  - Cleanse & Make Up: €30.00

- **Tanning**
  - SunFx Airbrushing Tan

- **SunFx Tanning Preparation**
  - Pearl - €110.00
  - YonKa Hot Stone Massage
  - Lu’Lur China Rose Hair Mask
  - Use of the Leisure Centre

- **Opal - €140.00**
  - Indian Head Massage
  - Lu’Lur Luxury Foot Spa & Pedicure
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- We accept the 5% Gift Vouchers for redemption of treatments only.

- Vouchers cannot be exchanged for cash and can only be used for goods and services in the centre.

- **Use of Award Winning Leisure Centre**
  - YonKa Bath with essential oils of rosemary, cypress, thyme, lavender and geranium.

- **Well Being Massage.**
Hydrotherapy / Algotherapy

The Thalassotherapy Centre bases all its treatments on the use of seaweed in baths and body wraps.

Algotherapy is extremely effective in alleviating the symptoms of stress such as fatigue, insomnia, aches and pains.

The healing power of the sea restores the balance that our bodies need to promote general well being and vitality.

Balneotherapy - Seaweed Bath €35.00
Multijets and computerised massage bath, according to your needs using seaweed for slimming, toning and relaxing.

Algotherapy - Seaweed Wrap €40.00
Body wrap with micronised heated seaweed, for slimming, revitalising, toning, pain relief and relaxation.

Cryotherapy €20.00
Cotton stockings soaked in a dilute marine algae preparation which helps to activate the blood circulation and fight against water retention.

Seaweed Wrap and Face Mask €55.00

## Yon-Ka Facial Care

Each Yonka facial is tailored-made to your skins requirements and to enhance your inner beauty.

**Le Grand Classique Facial** €65.00
A personalised facial, deep cleansing, restoring and relaxing. The use of aromatherapy based oils, creams and masks leave the skin nourished and revitalised, thus promoting a feeling of well being.

**Hydralessence Facial** €75.00
Deeply hydrating, eliminates signs of stress and comfort irritated and sensitive skin. Deep massage and a unique fruit mask with added hydrating ingredients is followed by the application of intensive moisturisers.

**Optimiser Facial** €85.00
Encourages perfect tone, redefined contour and replenished radiance. Ideal for mature or tired skin. Lines are visibly reduced while significantly improving the skin’s resiliency.

**Alpha Vital** €80.00
Regenerating and resurfacing AHA facial, suitable for fine lines or surrounding skin, leaving skin softer and firmer. A course of 4 treatments is recommended during spring or autumn.

**Eclat Contour** €45.00
Specific eye treatment to relieve puffiness, dark circles and fine lines leaving eyes fresher and brighter.

**Escale Beauty** €40.00
Citrus scent combined with the true Lavender fragrance of French Provence to re-energise and stimulate, while a selection of botanical extracts replenishes the skin revealing a soft, dedicated soothed complexion.

**Mens Yonka Facials**

Designed to meet the particular needs of men’s skin care, our Yonka facials include therapies to reduce oiliness, flaking, redness and irritation from shaving. They promote smooth hydrated skin and a relaxed mind.

- **L’Anti - Age Facial** €85.00
- **Power Moist Facial** €75.00
- **Skin Fitness Facial** €65.00

## Yon-Ka Body Treatments

Designed to bring purity and balance to the skin, the Yonka body treatment will focus on cleansing, skin exfoliation and detoxing to nurture a vibrant and radiant glow.

**Soin Velours** €65.00
Invigorating body polish to exfoliate dry skin, then unwind in a soothing lavender, geranium and rosemary wrap. Leaves your skin glowing and radiant.

**Detox Herbal Wrap** €75.00
Using a blend of sage, petitgrain, and lavender to detox and decongest in a comforting foil wrap. Perfect to unwind and drift away.

**Deep Back Cleanse** €45.00
This is a therapeutic deep cleansing and nourishing treatment to encourage a vibrant & radiant glow.

**Yon-Ka Bath** €40.00
Feel the tension ease away with the combination of rosemary, cypress, thyme, lavender and geranium.

**Spa Manicure** €38.00
including French Polish
Using hot mitts to ensure the penetration of therapeutic creams to strengthen nails and soften skin.

**Spa Pedicure** €45.00
including French Polish
Ideal for softening and nourishing hard skin while pampering tired feet.

**Shellac Manicure & Pedicure** €40.00
(French Polish €10.00 extra)

## Therapeutic and Holistic Treatments

**Hot Stone Massage** €95.00
Unwind to a deeper dimension of relaxation, health and wellbeing by a combination of therapeutic massage and thermotherapy. With the use of hot basalt stones in massage, it will encourage deep tissue healing as well as promoting deep relaxation.

**Well Being Back Massage** €45.00
Helps ease tension from tired aching muscles in the back and shoulder area.

**Well Being Massage** €65.00
Enjoy a relaxing massage incorporating an aromatherapy foot compress.

**Indian Head Massage** €50.00
Massage on the head, neck and shoulders using relaxing movements and pressure points to relieve tension and migraine.

**Head & Neck Massage** €35.00
Helps ease tension from stressful areas such as head & neck.